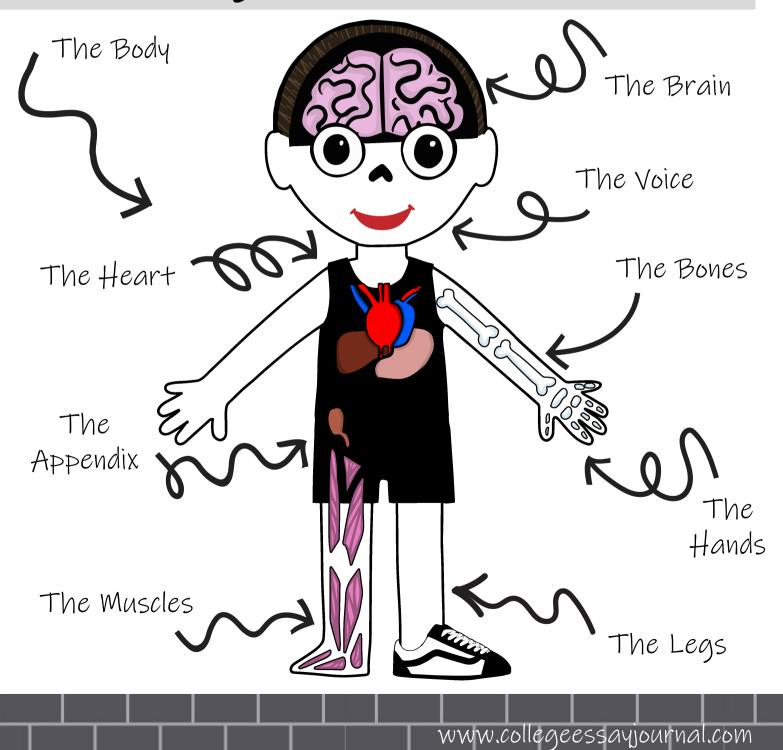
Anatomy of a College Application



The Bones

Just as all skeletons are built out of bones, an application's demographic information section introduces what you're made of. Use this space to provide your name, birthday, high school, contact information, family members' jobs and education levels, or any other useful background information!

The Brain

This part of the application highlights your academic record. It's where you'll share the classes you've taken during high school, your grades, test scores, etc. You'll also be asked to identify areas you may want to study in college. Use this space to start brainstorming!

The Muscles

Flex your strengths! This is an opportunity to showcase how you've spent your time outside of the classroom. Activities could include anything from clubs and student organizations to sports teams, part-time jobs, internships, volunteer positions, family responsibilities, and much more. What do you enjoy getting involved in? In the college application, the heart is the student's personal statement. It truly gives life to the whole file! This space is meant for you to share something about your background, community, an experience, or even a topic of your own choosing. There's no right or wrong answer!

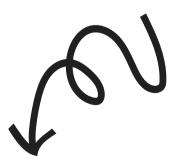
The Heart

Supplemental essays can really help a student "stand out!" That said, they will change depending on the specific college or university. The most common supplement question will ask "why are you a good fit for this school?" Try to brainstorm a few things you're looking for in a college environment.

The application process wouldn't be complete without the hands that lift you up, point you in the right direction, applaud your victories, and cheer you on. The recommendation section gives you the opportunity to have a teacher, mentor, or another adult share information on your behalf. List 3 people you might ask for a letter.



The Hands



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The Appendix

Like the appendix, the additional information section is not required. However, some applicants may choose to submit research, a resume, creative writing samples, an audition, portfolio, or other important information. Is there anything extra that you need to share with the admissions office?

The Voice

Some schools may give you the opportunity to add your voice to your college application through an interview. Interviews can vary from school to school. Some are informational, some are evaluative, some are with admissions officers, others with current students or alums. What story would you want to tell in an interview?

The Body

Last but not least, the skeleton cannot exist without the skin, nerves, and tissue. In a college application this is your individual context, background, neighborhood, communities, etc. We encourage you to reflect on this: what do you want colleges to know about you and where you come from?

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